

| Club | Points |
|--|---------------|
| Technosport | 76 |
| Ottawa Swimming | 56 |
| Nepean Masters | 32 |
| B-Train | 28 |
| Team Triumph | 28 |
| ROC Swimming | 26 |
| Carleton University Masters | 20 |
| DDO Swim Club | 17 |
| Ottawa Triathlon Club | 17 |
| Canaqua Sports | 13 |
| Nepean Kanata Barracudas | 13 |
| Ottawa Centre Masters | 12 |
| GO Kingfish | 11 |
| Swim Ottawa | 10 |
| Ottawa Rideau Speedeaus | 9 |
| Bytown Storm | 8 |
| Montréal À Contre-Courant | 7 |
| Orleans Orcas | 7 |
| Gatineau | 6 |
| I compete in Triathlons | 6 |
| 1000 Islands Swim Masters | 5 |
| Kanata Surfers | 5 |
| Richmond Hill Aquatic Club | 5 |
| Ottawa Swim | 4 |
| CAMO | 4 |
| Club de Natation Mont-Tremblant | 4 |
| Nepean Sailing Club Swim Team | 4 |
| Kid With a Crayon | 3 |
| Lakeshore Swim Club | 3 |
| Stittsville Vicious Fish | 3 |
| Meech Lake Swimmers Club | 3 |
| Westmount YMCA Masters | 2 |
| Richmond Hill Masters | 2 |
| CSLA | 1 |
| Mevex Triathlon Club | 1 |
| Ottawa Titans Water Polo | 1 |
| Peak Center | 1 |
| Perth Stingrays | 1 |
| Barrie Trojans | 1 |
| Capital Wave | 1 |